

Milk Paint

Ingredients:

Powdered pigment in the color of your choosing 1 quart skim milk Enough hydrated lime to make a thick cream like consistency

Directions:

- 1. While wearing a mask so as to not breath in the dust, mix pigment, milk, and enough lime together to make a thick cream like consistency.
- 2. Paint onto the chosen surface. Milk paint works well on most surfaces. Some experimentation maybe needed to see if the surface being painted on needs to be prepped or primed before using the milk paint on it. Note: only make as much as you need. Since milk paint is made out of milk, it will spoil after a while.

Premade milk paint can be purchased at:

The Real Milk Paint Co. – www.realmilkpaint.com/paint Milkpaint – www.milkpaint.com

Powdered Pigment can be purchased at:

Blick Art Materials - www.dickblick.com/categories/painting/mediums/pigments

Earth Pigments - www.earthpigments.com/dry-powder-pigments